



Dry Pancakes (min. 350 g)

1. Cheese, sauce	8 zł	17. Chicken, basil pesto, arugula, Grana Padano, sauce	16,5 zł
2. White cheese, onion, potatoe, sauce\crackling	8 zł\ 10 zł	18. Shrimps with mango, chilli, paprika, lime, sauce	18 zł
3. Mushrooms with cheese, ham, sauce	11,5 zł	19. White cheese, green cucumber, pickled ginger, sauce	13,5 zł
4. Beef stroganoff, sauce	16 zł	20. Mozzarella, tomato, olives, salami, sauce	14 zł
5. Goat cheese, spinach leaves, green cucumber	14 zł	21. Lentil, curry, spinach, onion, sauce <i>new</i>	15 zł
6. Chicken, peanut butter, broccoli, sauce	14,5 zł	22. Indian, sauce	15,5 zł
7. Beef teriyaki, crunchy vegetables, sauce <i>new</i>	17 zł	23. White cheese, salami, jalapenos, red onion, sauce	14,5 zł
8. Chicken, camembert, cranberry, sauce	16,5 zł	24. Chicken with mango, chilli, paprika, lime, sauce	16,5 zł
9. Mushrooms, salami, ham, cheese, ketchup	14 zł	25. Chorizo, mozzarella, tomato, sauce	15,5 zł
10. Minced meat, cheese, herbs, sauce	11,5 zł	26. Chicken shoarma, cheese, sauce	14 zł
11. Kebab/Kebab curry, onion, cabbage, sauce	14,5 zł	27. Mexican (spicy), sauce	14,5 zł
12. Chicken shoarma, spinach, sauce	13,5 zł	28. Four kinds of cheese, sauce	13,5 zł
13. Dried tomatoes, mozzarella, spinach, sauce	13 zł	29. Burrito (spicy), sauce	14,5 zł
14. Chicken curry, coconut milk, lemongrass, sauce	14,5 zł	30. Salmon, white cheese, green cucumber, pickled ginger	18,5 zł
15. Turkey, bacon, apricots, chive, sauce	16,5 zł	31. Baked: pancake lasagne with minced meat, sauce	15 zł
16. Chicken, zucchini, celery, leek, sauce	15 zł	32. Baked: cod with spinach and cheese sauce	16 zł



Primavera Pancakes (min. 350 g)

Iceberg lettuce, tomatoes, olive oil with basil

1. Chicken shoarma, sauce	16 zł
2. Dried tomatoes, mozzarella, spinach, sauce	15 zł
3. Taquito pancake (spicy)	15,5 zł
4. a'la tortilla with crispy chicken, sauce	16,5 zł
5. a'la tortilla with salmon, sauce	18,5 zł

Green Pancakes (min. 350 g)

batter with the addition of young burley

1. Goat cheese, spinach leaves, green cucumber, sauce	15,5 zł
2. Camembert, arugula, tomato, sauce	14,5 zł
3. Chicken, zucchini, celery, leek, sauce	16,5 zł
4. Spinach leaves, salmon, tomato, sauce	18,5 zł
5. Chicken, basil pesto, arugula, Grana Padano, sauce	18 zł



Red Pancakes (min. 350 g)

batter with the addition of beetroot

1. White cheese, green cucumber, pickled ginger	15,5 zł
2. Camembert, arugula, tomato, sauce	14,5 zł
3. Chicken curry, coconut milk, lemongrass, sauce	16,5 zł
4. Lentil, curry, spinach, onion, sauce <i>new</i>	16,5 zł
5. Turkey, bacon, apricots, chive, sauce	18 zł

Tagliatelle Pancakes (min. 400 g)

pancake ribbons

1. Carbonara with spinach and red onion	15,5 zł
2. Chorizo, dried tomatoes, red onion, tomato sauce	16,5 zł
3. Green with chicken, basil pesto and tomatoes <i>new</i>	16,5 zł
4. Shrimps in garlic butter, tomatoes, green pepper	19 zł
5. Spinach, cream, grilled salmon	19 zł



Potato Pancakes (min. 450 g)

batter with the addition of potatoes

1. Sour cream, sugar	7,5 zł
2. White cheese, onion, potatoe, sauce\crackling	11 zł\ 12,5 zł
3. Cabbage, mushrooms, onion, sauce	13 zł
4. Beef teriyaki, crunchy vegetables, sauce <i>new</i>	18,5 zł

Crispy Roller (min. 350 g)

To serve with beetroot soup and garlic sauce

1. Cabbage with mushrooms and onion	13 zł
2. Mushrooms with cheese, ketchup	13,5 zł
3. Bolognese	14,5 zł
4. Spinach with dried tomatoes	15,5 zł



Warm sauces (50g): cheese sauce, white sauce, mushrooms, tomatoes (light or spice)

Cold sauces (50g): jalapenos (spicy), garlic, thousand, yoghurt-dill

Additional ingrediens for pancakes:

broccoli (100 g), corn(50g), salami(25g), ham(80g), tomato(80g), spinach(100g), onion(30g), jalapenos(30g) – 2,5 zł

arugula(20g), olives(50g), mushrooms(80g), crackling(50g), additional salad(80g), dried tomatoes(50g) – 3 zł

cheese(100g), camembert(70g), feta cheese(70g), blue cheese(70g), mozzarella(100g),

additional primavera(50g), smoked cheep cheese(50g) – 3,5 zł

possible bake – 3 zł additional sauce – 1,5 zł wrap – 1,5 zł

The list of allergens and composition of the dishes is available from our staff.

Suggestions and opinions should be directed to www.manekin.pl/lodz/6-sierpnia. Thank you.



Sweet Pancakes (min. 300 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Caster sugar (120 g)	5,5 zł	10. Biscuits, Nutella, mascarpone cheese, sauce	12,5 zł
2. Jam: peach, strawberry, plum (150 g)	6,5 zł	11. Peanut candies, raspberries, sauce	12,5 zł
3. White cheese with vanilla, sauce (230 g)	9,5 zł	12. White cheese, raspberries, meringues, chocolate	13,5 zł
4. Nutella, sauce (180 g)	10 zł	13. Green with mascarpone, white chocolate, kiwi, lemon ice cream, sour cream <small>new</small>	14,5 zł
5. Passion fruit, white chocolate, white cheese	11 zł	14. Ferrero, chocolate sauce	15 zł
6. Forest fruits (raspberry, blackberry, strawberry)	11,5 zł	(white chocolate, nutella, mascarpone, walnuts)	
7. Nutella, banana, whipped cream, sauce	11,5 zł	15. Raffaello, sour cream	15 zł
8. Mascarpone cheese, redcurrant, sauce	11,5 zł	(white chocolate, almonds, mascarpone, coconut)	
9. Oreo, Milka chocolate, mascarpone, sauce	14,5 zł		

Sauces(30g): raspberry, cherry, chocolate, strawberry, toffee, advocaat, sour cream

Additional ingrediens for sweet pancakes:

mint(10g), banana(80g), apple(80g), almonds(15g), nuts(15g), biscuits(20g) – 2 zł

blackberry(80g),cranberry(80g),strawberry(80g),raspberry(80g),redcurrant(80g),passion fruit(80g),cherry(80g),white cheese(100g) – 2,5 zł
additional sauce – 1,5 zł

American Pancakes (min. 250 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

1. Raspberry, chocolate sauce and sour cream	10,5 zł
2. Nutella, chocolate M&M's and sour cream	12,5 zł
3. Marshmallows, Nutella and sour cream	12 zł
4. Oreo, vanilla cream cheese, raspberries <small>new</small>	12,5 zł

Chocolate American Pancakes (min. 250 g)

serving of ice cream(50g) or whipped cream(50g) – 2,5 zł

5. Walnuts, ice cream, toffee sauce	11 zł
6. Almonds, candy-floss, raspberry, sour cream	11,5 zł
7. Cherry, white chocolate, ice cream	11,5 zł
8. Almonds, blueberries, white chocolate, sour cream	12 zł

Salads (min. 350g)

Serve with bread and garlic butter

1. Greek salad	12,5 zł
2. Cesare salad with marinated chicken	14,5 zł
3. Salad with turkey, pomegranate and walnuts <small>new</small>	17,5 zł
4. Salad with goat cheese, zucchini, cherry tomatoes	17,5 zł
5. Cesare salad with crispy chicken	16,5 zł
6. Cesare salad with marinated salmon	17,5 zł
7. Salad with shrimps with cocktail sauce	19 zł
8. Cesare salad with smoked cheep cheese	16,5 zł
9. Salad with grilled salmon and horseradish sauce	19,5 zł
10. Crispy chicken with vegetables	17 zł

Dessert

1. Apple-pie with scoop of vanilla ice cream (300 g)	9 zł
2. Ice cream with seasonal fruits, (200 g)	8,5 zł
3. Tarte with fruits (180 g)	7,5 zł
4. Meringue with seasonal fruits, whipped cream	6,5 zł
5. Panna Cotta with fruit and strawberry sauce (200 g)	8,5 zł
6. Tiramisu pancakes (250 g)	8,5 zł

Soups (min. 300 ml)

1. Beetroot soup (200 ml)	4,5 zł
2. Chicken broth with pancake noodles and carrot	6,5 zł
3. Cold borsch with egg, cucumber, radish and dill	7,5 zł
4. Spicy soup with prawns and coriander	9,5 zł
5. Spinach cream with cream cheese and croutons	8 zł
6. Boletus mushroom creamy soup	9,5 zł
7. Sour rye cream with white sausage and egg	9,5 zł

Our Drink (min. 200 ml)

1. Lemonade with lemon and mint 0,3l/0,5l	5zł/	6 zł
2. Sparkling lemonade with cucumber and mint 0,5l		6,5 zł
3. Vegetable and fruit smoothies (without sugar)		7,5 zł
4. Fresh juice from carrot or apple		6 zł
5. Fresh juice from orange or grapefruit		8,5 zł
6. Leaves of fresh spinach with citrus		9,5 zł
7. Yogurt, fruit cocktail		6 zł
8. Ice coffee with whipped cream		8 zł

Warm Drink

1. Tea with lemon 200 ml	4 zł
2. Espresso 40 ml	4,5 zł
3. Espresso macchiato 50 ml	5 zł
4. Cafe 150 ml	5 zł
5. Cafe o'le 150 ml	5,5 zł
6. Cappuccino * 150 ml	6,5 zł
7. Latte macchiato * 200 ml	8 zł
8. Cafe latte (200 ml)	8 zł
9. Chocolate with whipped cream 150 ml	8,5 zł
10. Chocolate with fresh mint and red pepper 150 ml	8,5 zł
11. Manekin mocca (chocolate with espresso) 200 ml	8,5 zł
12. Cocoa 200 ml	4,5 zł
13. Milk 200 ml	3,5 zł

* syrups: amaretto, cinnamon, chocolate, vanilla, carmel, nut, pistachio

Cold Drink

1. Mineral water sparkling 0,3 l	3,5 zł
2. Mineral water still 0,3 l	3,5 zł
3. Pepsi, 7-up, Mirinda, 0,3l	4 zł
4. Pepsi, 7-up, Mirinda, 0,5l	5,5 zł
5. Pepsi max, Tonic Schweppes 0,5 l	6,5 zł
6. orange, grapefruit, apple, black currant, tomato 0,3l	4,5 zł
7. Ice tea (lemon, peach, green) 0,3 l	4,5 zł
8. Aloe 0,3 l/0,5 l	6 zł/ 8,5 zł
9. Rockstar Pepsi ENERGY DRINK 0,25 l	7,5 zł

PERŁA

Beer

ZWIERZYNIEC

barrel

1. Perła Export 0,3 l/0,5 l	5 zł/5,5 zł
2. Zwierzyniec 0,3 l/0,5 l	5,5 zł/6 zł
3. Pitcher Perła 1,5 l / Pitcher Zwierzyniec 1,5 l	15zł/17zł
4. Mojito beer 0,5 l	8,5 zł
5. Grapefruit beer or banana beer 0,5 l <small>new</small>	8,5 zł

bottled

1. Perła Export 0,5 l	7 zł
2. Perła Hop 0,5 l or Perła Honey 0,5 l	7,5 zł
3. Perła Unpasteurized 0,5 l	7,5 zł
4. Perła Porter 0,33 l or Perła Koźlak 0,33 l	7,5 zł
5. Zwierzyniec 0,33 l or Alcohol Free Beer 0,33 l	7,5 zł

House Wine

white or red, dry - Italy

1. Manekin bottle 100 ml/250 ml	5,5 zł/13 zł
2. Manekin bottle 500 ml/750 ml	24 zł/35 zł

Wine selection Manekin spring – summer 100 ml

1. Losar, Spain, white/red – semi-sweet	6,5 zł
2. Chemin de La Serre, France, white/red - dry	8,5 zł
3. Luciente, Spain, white/red semi-dry	7,5 zł
4. Raza Vinho Verde, Portugal, white - frizzante	7,5 zł

Martini new

1. Martini Bianco & Tonic 200ml	10 zł
2. Martini Rosso & Tonic 200ml	10 zł